

**SPPH 481c: Prison Health**  
**University of British Columbia**  
**School of Population and Public Health**

Instructors:	Ruth Elwood Martin	
Office:	Rm 157 -2206 East Mall	
Telephone:	604 822 2496	
Email:	Ruth.martin@ubc.ca	

**COURSE OBJECTIVES:**

Prison Health (PH) aims to educate students from a variety of disciplines to respond to current health issues within the Canadian correctional system. Through readings, guest presentations and class discussions, students will learn about the complexities of prison health and will gain understanding and skills in order to apply inter-disciplinary approaches to prison health care.

**LEARNING OUTCOMES:**

Upon successful completion of this course, students will be able to:

1. Discover the structures and functions of prisoner health care in Canada
2. Examine common complexities and challenges of prisoner health
3. Explain the health of diverse populations in prison and their continuity of care in the community
4. Analyze practitioner ethics, self-care and interprofessional collaboration
5. Evaluate opportunities to improve and enhance the quality of prisoner healthcare and 'throughcare' in Canada
6. Appraise the value of developing collaborative interprofessional approaches to prisoner healthcare

**COURSE FORMAT:**

Students participate in assigned readings and online discussions in addition to 3 hours of instructional time each week.

The course will include three hours of instructional time each week, for thirteen weeks: a 1 ½ hour lecture presentation, followed by a 1 ½ hour seminar-based discussion. Lecture presentations will be given by members of various academic and non-academic disciplines, including members of correctional organizations and individuals with incarceration experience. The final class (Week 13) will consist of student paper presentations, peer evaluations and peer-audience generated questions.

**COURSE REQUIREMENTS:**

There are no specific pre-requisites for this course. Prison Health is a high-level 4<sup>th</sup> year undergraduate course, open to students of all disciplines. There are no specific pre-requisites for this course. Students will be accepted into the course if they have satisfied the requirements to enter a 4<sup>th</sup> year undergraduate course within their own discipline. This course is also open to graduate students of various disciplines, with permission of the instructor.

**ASSESSMENT, EVALUATION, AND GRADING**

**Readings 20%**

You will read the weekly readings, and develop and post at least one discussion question on the on-line discussion board, by 4PM two days before each class. Your readings mark will be based on

completion of the task by the expected time (10%) and on the alignment of your weekly questions with the learning objectives of the course (10%).

### **Class Participation 15%**

Students' class discussions will cover the weekly readings, the lecture presentations and the provided discussion cases (that are based on actual prison health scenarios). Your class participation mark will be based on your attendance and participation (15%).

### **Discussion Contributions 25%**

Your discussion contribution mark will be based on the alignment of your discussion contributions with the stated learning objectives of the course (including asking peer audience questions during Week 13 class) and your contribution to peer evaluations (25%).

### **Presentation and Paper 40%**

You will submit one paper over the course of the semester that is based tangentially or directly on any one of the weeks' topics. Your paper should either explore a gap that you have identified in the literature or should examine a theme that was not examined in detail during the course.

In your paper, you should address at least three of the following issues:

- the structures and functions of prisoner health care in Canada
- complexities and challenges of prisoner health
- health of diverse populations in prison and their continuity of care in the community
- practitioner ethics, self-care and interprofessional collaboration
- opportunities to improve and enhance the quality of prisoner healthcare or 'throughcare' in Canada
- value of developing collaborative interprofessional approaches to prisoner healthcare

Your written paper is due by 4PM on the day of the Week 13 class. Early submissions are welcome. Please email your paper to the instructor by email in a separate Word document (no more than 3-4 pages (excluding references), double spaced, Times New Roman, 12 point font, 1 inch margins).

During Week 13 class, you will be asked to present a 10-minute summary of your paper. You should be prepared to answer questions from the audience (and, to ask questions of other students' paper presentations). If needed, depending on the size of the class, students will be divided into several sections, and/or a poster presentation section, during Week 13 class, so that every student presentation is accommodated.

Your Presentation and Paper mark will be based on the written paper component (30%) and the presentation component (10%).

### **GRADING CRITERIA**

1. Readings	20 %
2. Class Participation	15%
3. Discussion Contributions	25%
4. <u>Presentation and Paper</u>	<u>40%</u>
Total	100%

## **REQUIRED AND RECOMMENDED READINGS**

Required textbooks (*selected readings will be assigned*):

- Arresting Hope: Women Taking action in Prison Health Inside Out. (Paperback) by Ruth Elwood Martin (Ed), Mo Korchinski (Ed), Lynn Fels (Ed), Carl Leggo (Ed). Inanna Publications; 1st Edition, 2014, ISBN 978-1-77133-158-6
- Justice Behind the Walls: Human Rights in Canadian Prisons. by Michael Jackson. Douglas & McIntyre; 2002, ISBN-10: 1550549901
- Prisons and Health. By Stefan Enggist (Ed), Lars Møller (Ed), Gauden Galea (Ed), Caroline Udesen (Ed). World Health Organization; 2014, ISBN: 978 92 890 5059 3. Available on-line at [http://www.euro.who.int/\\_data/assets/pdf\\_file/0005/249188/Prisons-and-Health.pdf](http://www.euro.who.int/_data/assets/pdf_file/0005/249188/Prisons-and-Health.pdf)

Required readings will also be selected from current prison health academic publications, such as the Lancet and the World Health Organization.

## **COURSE SCHEDULE**

Week 1: Introduction to Prison Health

Week 2: Healthcare Delivery in Prisons in Canada

Week 3: Addiction, Communicable Disease and Prison Health

Week 4: Mental Health and Prison Health

Week 5: Chronic Disease and Prison Health

Week 6: Children, Mothers and Prison Health

Week 7: Diverse Prison Populations

Week 8: Continuity of Prison Healthcare and 'Throughcare'

Week 9: Practitioner Ethics and Law

Week 10: Indigenous and Holistic Prison Health

Week 11: Interprofessional Collaboration in Prison Health

Week 12: Health Advocacy for Prison Health

Week 13: Student Presentations

## **ACADEMIC INTEGRITY**

The academic enterprise is founded on honesty, civility, and integrity. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. For example, incidences of plagiarism or cheating may result in a mark of zero on the assignment or exam and more serious consequences may apply if the matter is referred to the President's Advisory Committee on Student Discipline. Careful records are kept in order to monitor and prevent recurrences.

A more detailed description of academic integrity, including the University's policies and procedures, may be found in the Academic Calendar at <http://calendar.ubc.ca/vancouver/index.cfm?tree=3,54,111,0>.